

The Message

Boulder County Intergroup | bouldercountyyaa.com
Serving the Alcoholics Anonymous Community of Boulder County
5401 Western Ave. Suite D, Boulder, CO 80301 303-447-8201
View previous issues at bouldercountyyaa.com/message/archives

September 2019

Stand for an Intergroup Board Position— It's a Great Way to Serve Alcoholics in Need

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Connect Your Group with Service Opportunities

*Print the last page
of this newsletter
to share.*

Elections will be held September 24, so spread the word! We'll be electing the following positions. Duties include:

Chairperson

- Prepare and distribute an agenda for and preside at Intergroup meetings
- Appoint Intergroup Service Committee chairs
- Serve as vice president of the Board of Directors of Boulder County Central Service Office
- Fulfill other duties as necessary, such as serving as liaison to other service meetings
- Meet monthly with the Intergroup Service Committee chairs and coordinate the Intergroup programs

Secretary

- Record the minutes of the Intergroup meetings and board meetings, make minutes available to Intergroup members and officers, and arrange for their preservation
- Maintain an updated file of participating Intergroup representatives

Treasurer

- Review and present the monthly Intergroup income and expenses
- Arrange for the filing of necessary tax forms
- Oversee all policies and procedures to protect our non-profit status
- Prepare and present an annual budget

Member-at-Large

- Fulfill any duties as necessary or helpful by the Intergroup, such as serving as liaison to other service meetings, or coordinating special events, such as workshops

Learn more this Thursday at the Intergroup Service Fair

Learn about how the Board operates and the appointed committee positions that support it. See the flyer on the next page.

Boulder County Intergroup 101 Service Fair!

Join us to learn about the Boulder County Intergroup Service Opportunities prior to this Fall's Elections and Appointments!

- Meet Intergroup Representatives (IGRs)
- Hear Position Presentations by Committee Chairs and Officers!
- Enjoy Pizza, Refreshments and Fellowship!

Choose your next Service Commitment!



THURSDAY
Sept. 12, 2019
6:15-8:00pm

**Shepherd of the Hills Church Fellowship Hall | 7077 Harvest Road
Boulder, Colorado | www.BoulderCountyAA.Com**

OPEN SERVICE POSITIONS for 2020:

Intergroup Board: 1st Year Treasurer, Secretary, Member at Large, Chairperson
Committee Positions: Bridge the Gap, Daytime Phone Coordination, Nightwatch Coordinator,
The Message Editor, 12 Step List, Volunteer Coordinator, Web Admin, Outreach

Intergroup Updates—ELECTIONS THIS MONTH!

NEXT MEETING: Tuesday, September 24

7:00-8:30 pm
Shepherd of the Hills Lutheran Church
7077 Harvest Road, Boulder CO

Now Appointing Intergroup Committee Chair Positions

Committee Chair positions are two-year commitments. Two people serve during overlapping terms to ensure continuity, with the first-year position supporting and learning from the person in their second year of service.

- Volunteer Coordinator
- The Message: first-year editor needed
- Daywatch Coordinator: first-year position open
- 12th-Step List: first-year coordinator needed

Bridge the Gap Updates

Treatment Patients Can Now Connect with AA Online

Now, people in treatment facilities can fill out an online form to connect with Bridge the Gap volunteers when they get out of treatment. [Check out the updated BTG webpage](#) to see the changes.

Referrals from local treatment facilities have dropped off significantly due to recent changes. With the new online capabilities, it will be easier for people in treatment to get our help.

Web Admin Updates

On bouldercountyaa.com, every group has its own meeting page where your group can add information and details, which also go to the AA World Services national app. Check out the way your meeting is presented and make sure it's up-to-date.

New Meeting



SENIORS IN SOBRIETY*

**New open AA discussion meeting on
alcoholism, recovery & the aging process**

Starting September 4, 2019

2-3pm Wednesdays

Meetings held at Boulder Alano Club

4800 Baseline Rd. B102

Boulder, CO 80303

(Located next to Big Daddy Bagels)

***Even though our group is called seniors, we
welcome EVERYONE**

FYI: Whether habits date back to the raucous Sixties or were developed in response to merely living 'life' all these years, an estimated 15 percent of the senior population suffers from substance abuse and addiction.

Other Meeting Updates

See the complete interactive list of meetings, with additional details, at bouldercountyaa.com/meetings.

CENTRAL OFFICE TEMPORARILY CLOSED

Thank you for your patience as we address an environmental issue at our office.

We're still ready to fill your literature orders!

- Email the office at centraloffice@bouldercountyaa.com, include your phone number so you can be called for credit card payment (don't email your credit card number)
- You'll be notified when your completed order is ready to pick up, at your convenience, from the locking parcel box outside of the office at:

5401 Western Ave., Suite D
Boulder, CO 80301

Seeking Donations of:

- Stamps
- Manila file folders
- Tissues

Updates from District 24

Hear the Area Delegate Report from the General Service Conference

Area Delegate Scott will deliver his report from the General Service Conference during the District 24 meeting. All are welcome.

Monday, September 16
6:30 – 8:30 pm
Pine Street Church (basement)
1237 Pine Street in Boulder

District 24, which covers southern Boulder County, meets on the third Monday of each month. GSRs are encouraged to attend.

Help Plan the 2021 Convention

District 24 won the bid to host the 2021 State Convention. There's lots of work to do, with positions big and small. Meetings will begin in the February/March timeframe. Call Ken at 720-201-7563 to learn how you can get involved.

Support the PI/CPC Committee's Efforts

Learn more about what the Cooperation with the Professional Community (CPC) and Public Information (PI) committees are up to during the combined monthly meetings:

Meetings: First Tuesdays, 6:30-8 pm, Alano Club

There's a need for AA materials around the District, but they need people to help with the calls. Help is also needed for 9 News Heath Fairs coming this fall in Nederland on November 16, and Erie on September 27.

Learn more by emailing publicinformation@dist24.org or cpc@dist24.org.

Corrections Committee Needs Men for 12th-Step Work

There's a need to get men into jail service. If you have 12 months of sobriety, contact corrections@dist24.org to learn how you can help.

Remember, by making a contribution to the pink can in your meetings, you help pay for literature for people in correctional facilities. Get your group on board with the program.

ACCESSIBILITIES CHECKLIST FOR MEETINGS AND GROUPS

How accessible is your meeting? This is a guide to help reduce the physically-based access barriers that a person may encounter when attending meetings in your location.

Introduction

The meeting location should be physically accessible so that anyone may arrive on site, approach the building, and enter the meeting without barriers.

Following are some questions your group can answer to determine the overall accessibility of your meeting space.

PARKING:

- Are an adequate number of accessible parking spaces available? (9 feet wide for car, plus 5-foot wide access aisle)
- Are spaces close to accessible entrances?
- Are spaces marked with identification signs?
- Is the parking area or street clear of snow, ice, or other debris?
- Is a path of travel by wheelchair accessible from the street or parking area?
- Are the sidewalks even and in good repair? Are there curb cut-outs to facilitate access to the sidewalk?

ROUTE OF TRAVEL:

- Is the meeting place accessible to public transportation?
- Is there a clear route of travel that does not require the use of stairs?
- Can any potential obstacles along pathways—including hanging objects—be detected by a person using a cane or other mobility device?
- If the meeting is at night, is the pathway well lit?

ENTRANCE:

- Does the entrance have steps, a threshold, or other physical barriers?
 - If so, is there a ramp, lift, or an alternate entrance that is accessible?
 - Is the ramp excessively steep? Does it have railings?
 - Is the lift in good working order? If the lift is operated by a key, does someone on location have possession of the key or know where the key is kept?
 - Is there signage indicating the location of the alternate accessible entrance?
- Does the entrance door have adequate width (32") and clearance to accommodate a wheelchair?
- Can the doors be opened by someone in a wheelchair or would he or she need assistance?

INSIDE THE BUILDING:

- Is there level access from the wheelchair accessible entrance to the meeting area?
- If not, are there ramps to enable someone in a wheelchair to reach the meeting? (Lifting someone over steps or stairs is not an acceptable solution for access.)

- If there is an elevator or a lift, is it in good working order? If the elevator or lift is operated by a key, does someone on location have possession of the key or know where the key is kept?
- Are corridors and door widths (32") adequate for passage of a wheelchair?
- Are corridors reasonably clear to allow safe passage for everyone?

RESTROOMS:

- Is at least one fully accessible restroom available?
 - Are the stall doors operable?
 - Is there adequate space for a person in a wheelchair to maneuver within the stall? (44" for forward movement and a five-foot diameter or T-shape of clear space to make turns.)
 - Are there grab bars on the walls behind and to the side nearest the toilet?
 - Can the faucet be operated without grasping, twisting, or turning?

THE MEETING ROOM:

- Are chairs set up with adequate aisle space for a wheelchair?
 - Is the lighting adequate?
 - Is there a designated section for members who are Deaf or Hard-of-Hearing?
 - If so, is there adequate space for a sign language interpreter to sit with easy access to that group?
 - Is someone available to welcome people and orient them to the meeting space as needed?
 - Is the coffee service accessible to a person in a wheelchair or with another type of mobility device?
 - Is A.A. literature available that addresses the needs of individuals with diverse abilities?
 - Does the local intergroup/central office know that the meeting space is available to people with diverse accessibility needs?

Additional information about Accessibilities and setting up your meeting space may be available from your district or area Accessibilities Committee or your local intergroup/central office. You may also want to search the internet for a variety of Accessibilities Guides and information. In addition, the following accessibilities service materials are available on our A.A. website at www.aa.org.

1. A.A. Guidelines — Accessibility for All Alcoholics(MG-16)
2. A.A. Guidelines — Sharing the A.A. Message with the Alcoholic Who Is Deaf(MG-13)
3. Serving All Alcoholics (F-107)

Recap of Service and Learning Opportunities

Attend the Intergroup 101 Service Fair

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Boulder, CO 80301

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Contact Mikael A. intergroupchair@bouldercountyaa.com

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Represent AA at Upcoming 9 News Health Fair

Help the CPC/PI committees by volunteering at the 9 News Health Fairs coming this fall in Nederland on November 16, and Erie on September 27. Learn more by emailing publicinformation@dist24.org or cpc@dist24.org.

Corrections Committee Needs Men for 12th-Step Work

There's a need to get men into jail service. If you have 12 months of sobriety, contact corrections@dist24.org to learn how you can help.

Review the Accessibility Checklist

Make sure your group is ready to help all other alcoholics to achieve sobriety by reading the checklist recently produced by the General Service Conference.

Get The Message and stay up to date on all the different ways you can support Alcoholics Anonymous in Boulder County.

Subscribe online at: bouldercountyaa.com.
