

# The Message

Boulder County Intergroup | [bouldercountyyaa.com](http://bouldercountyyaa.com)  
Serving the Alcoholics Anonymous Community of Boulder County  
5401 Western Ave. Suite D, Boulder, CO 80301 303-447-8201  
View previous issues at [bouldercountyyaa.com/message/archives](http://bouldercountyyaa.com/message/archives)

May 2019

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## Connect Your Group with Service Opportunities

*Print the last page  
of this newsletter  
to share.*

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## 12<sup>th</sup>-Step Guidelines

Shared at last month's 12<sup>th</sup>-Step workshop, here are a few suggestions that experience has shown to be helpful for a better 12<sup>th</sup>-Step call. Remember, ours is a program of attraction rather than promotion.

- **Be available** to carry the message. If you cannot make this kind of commitment, please reconsider being on the list.
- **Be familiar with Alcoholics Anonymous chapter 7**, "Working with Others." It contains a wealth of practical experience about 12<sup>th</sup>-Step work.
- **Call back promptly.** When a 12<sup>th</sup>-Step call is received, we assume that another human being's life is at stake. Return the call at once!
  - Sometimes a return phone call is all that's wanted and/or needed.
  - In other instances, it is often best to meet the caller in person.
- **Arrange a time and place to meet.**
  - Some people may wish to keep their residence private. You may offer to meet them in a public place or at a meeting.
- **It's best to 12<sup>th</sup>-Step when the prospect is sober or fairly sober.** Wait for the end of a spree or a lucid interval when the prospect is still jittery.
- **Never go alone.** Arrange for another AA member to go with you.
- **Try to talk to the prospect alone**, away from family influences.
- **Congratulate the prospect on wanting to do something about their drinking problem.**
- **Follow the instructions given on pp. 91–96 of the Big Book:**
  - Talk about your own drinking habits, symptoms, and experiences.
  - If he wants to talk, listen; otherwise, give him a sketch of your drinking career up to the time you quit.
  - If you're satisfied that he's a real alcoholic, begin to dwell on the hopeless feature of alcoholism.
  - Be careful not to brand him as an alcoholic; let him draw his own conclusion.
  - If he wants to know how you got well, outline the program of action.
- **Suggest taking action today.**
  - Suggest detox or treatment, if appropriate.
  - Offer to take the newcomer to a meeting.
  - Otherwise, leave a meeting schedule and your phone number, and encourage him to call you.
- **Make arrangements to call or visit him again the following day.**
- **Remember, Safety First!** If you or your 12<sup>th</sup>-Step partner feel uncomfortable or unsafe with the setting or situation, it's probably better to leave than to stay.
- **Talk to the family** and, if appropriate, suggest Al-Anon or Alateen.
- **Please don't make any promises you can't keep.**
- **In case of emergencies (e.g. DTs, convulsions, suicide threats or violence), call 911** and follow their directions. Don't panic!

DISTRICT 24 INVITES YOU TO  
JOIN US FOR

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## *A.A. 101*

Learn about the A.A. service structure!  
What is it? What purpose does it serve?

How can we serve the still suffering alcoholic  
and A.A. in our groups and beyond?

Light snacks available!

Contact: Jennifer A.  
altdcm@dist24.org

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JUNE 17, 2019 | 6:30 - 8:30 PM  
PINE STREET CHURCH  
1237 PINE STREET  
BOULDER, CO 80302  
BASEMENT

*I am responsible. When anyone, anywhere, reaches out for help I  
want the hand of A.A. always to be there. And for that,  
I am responsible.*

## Intergroup Updates

### **NEXT MEETING: Tuesday, June 25**

7:00-8:30 pm  
Shepherd of the Hills Lutheran Church  
7077 Harvest Road, Boulder CO

### **Now Appointing Intergroup Committee Chair Positions**

Committee Chair positions are two-year commitments. Two people serve during overlapping terms to ensure continuity, with the first-year position supporting and learning from the person in their second year of service.

- The Message: first-year editor needed
- Daywatch Coordinator: first-year position open
- Nightwatch Coordinator: first-year coordinator needed
- 12th-Step List: first-year coordinator needed

## Bridge the Gap Updates

### **Treatment Patients Can Now Connect with AA Online**

Now, people in treatment facilities can fill out an online form to connect with Bridge the Gap volunteers when they get out of treatment. [Check out the updated BTG webpage](#) to see the changes.

Referrals from local treatment facilities have dropped off significantly due to recent changes. With the new online capabilities, it will be easier for people in treatment to get our help.

Most treatment facilities take away cell phones, but allow clients access to the internet occasionally to communicate with family members. We're hoping this new online form helps more people get in touch with AA if they'd like our help connecting with Boulder AA when they are released from treatment.

Thanks to Robin (our Member at Large) and Kevin (our Webmaster) for making it happen!

## Meeting Updates

### **Jaywalkers Meeting Update**

Sunday at 6 pm at the First Congregational Church in Boulder —changed from Closed to Open Meeting

### **Literature Ladies Update**

Wednesday at 9 am at St. Ambrose Church in Boulder—now offering child care during their meeting

### **New Meeting: Sisters of Sobriety**

Tuesday at 7 pm at St. Stephen's Episcopal Church at 1303 S Bross Ln. in Longmont—women's meeting

### **New Meeting: Nederland Group**

Saturday at 7 pm at St. Rita's Catholic Church at 326 CO-119 in Nederland

### **New Meetings: On Awakening**

Monday – Friday at 6:30 am at 1st Lutheran Church (Parish House), 825 3rd Ave in Longmont

See the complete interactive list of meetings, with additional details, at [bouldercountyaa.com/meetings](http://bouldercountyaa.com/meetings).

## Central Office Updates

5401 Western Ave. Suite D, Boulder, CO 80301  
303-447-8201 | [centraloffice@bouldercountyaa.com](mailto:centraloffice@bouldercountyaa.com)

### OFFICE HOURS HAVE CHANGED

Tuesday, 3 – 6 pm

Wednesday, 11 am – 2 pm

Friday, 11 am – 2 pm

### Answer Phones at Central Office

We're seeking volunteers or groups to cover phones during the following shifts:

- 11 am–1 pm Thursday and Sunday
- 5–7 pm Saturday and Sunday

Please call Central Office at 303-447-8201 to volunteer and arrange training.

### 24-Hour Literature Pickup

It's easier than ever with our new locking parcel box—whether Central Office is open or not!

1. Place your order by calling 303-447-8201 or email [centraloffice@bouldercountyaa.com](mailto:centraloffice@bouldercountyaa.com).
2. Pay by phone with a credit card (DO NOT email your card information; we'll call you).
3. Pick up your order at your convenience from the secure and locked parcel box.

Your purchases support your Central Office and Intergroup, so thank you for purchasing literature and chips from us!

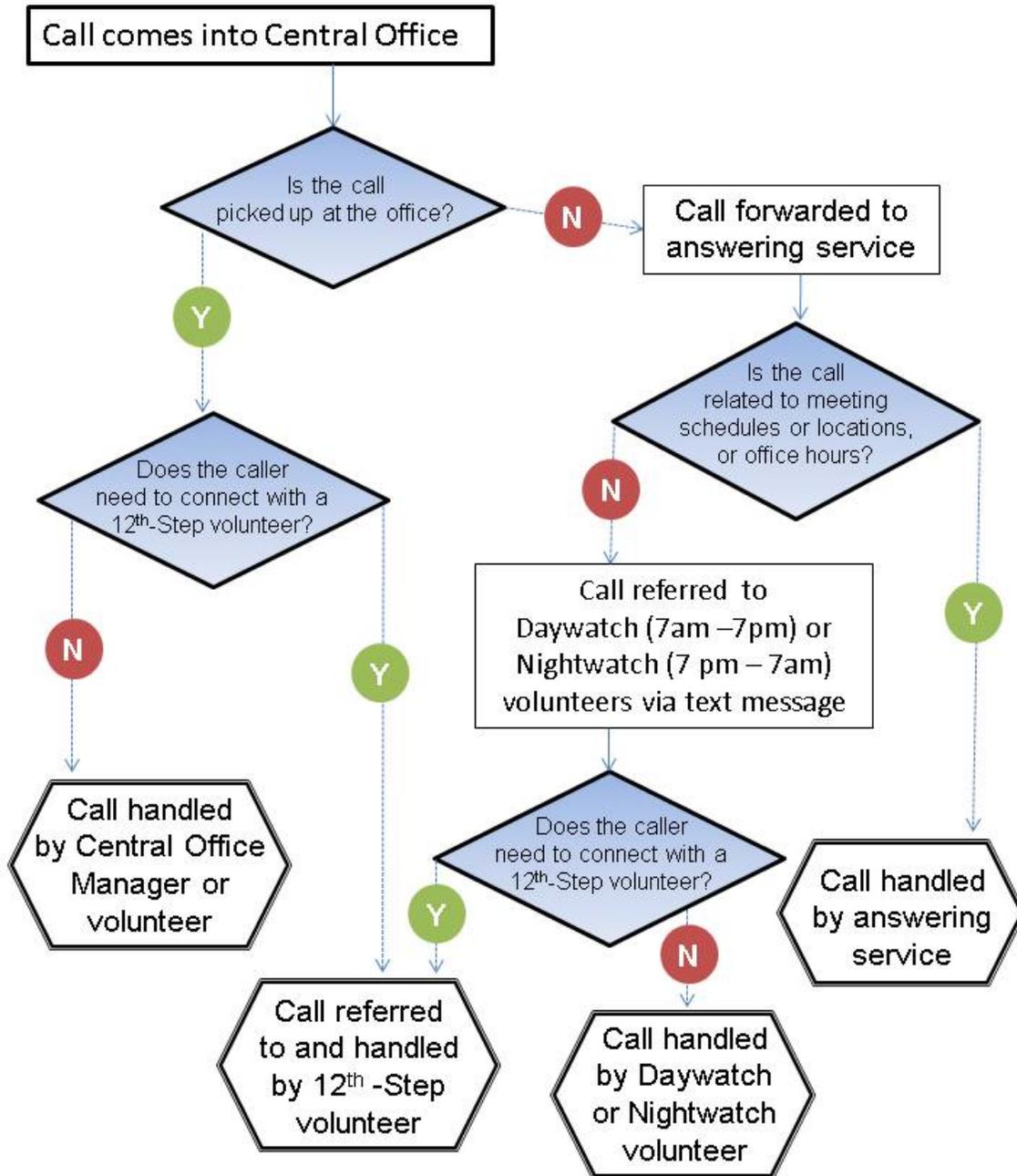
### Parking at Central Office

When you're visiting Central Office, you're welcome to use the one reserved parking space in front of the office. Please park in this assigned parking space and not the other space on the right as you face our front door, which is reserved for our neighbors next door.

### Seeking Donations of:

- Stamps
- Yellow post-it notes
- Business size (#10) mailing envelopes
- Coffee and tea, paper cups, sugar

## How Boulder County AA Routes Calls so alcoholics in need can reach us at any time, day or night



## State Convention Coming Labor Day Weekend in Keystone

**August 30 – September 1, 2019**

Keystone Resort and Conference Center

The annual social event for Area 10 will take place this Labor Day Weekend in Keystone, Colorado. Come for a weekend of speakers, meetings, workshops, food, dancing and fellowship with AAs from all around the state. The event runs from 3 pm on Friday until noon on Sunday.

Learn more and book online at [convention.coloradoaa.org](http://convention.coloradoaa.org)

## International Convention Coming October 2019 in Biarritz

**October 10 – 13, 2019**

Belambra Club

Chambre d'Amour Beach

Anglet-Biarritz, France

**Theme: Back to Basics**

**Register and Learn More**

Pre-register online for €35.00; cost is €42.00 after August 30.

<https://aaconventionbiarritz.com>

## Recap of Service and Learning Opportunities

### Attend the AA 101 Workshop with District 24

Learn about the AA service structure: What is it? What purpose does it serve? How can we serve the still-suffering alcoholic and AA in our groups and beyond? Light snacks will be served. Contact Jennifer A. for more information: [atdcm@dist24.org](mailto:atdcm@dist24.org).

**Monday, June 17**

6:30 – 8:30 pm

Pine Street Church (basement)

1237 Pine Street in Boulder

### Stand for an Intergroup Committee Chair Position

Committee Chair positions are two-year commitments. Two people serve during overlapping terms to ensure continuity, with the first-year position supporting and learning from the person in their second year of service.

- Daywatch Coordinator: first-year position open
- The Message: first-year editor needed
- Nightwatch Coordinator: first-year coordinator needed
- 12th-Step List: first-year coordinator needed

Contact Mikael A. [intergroupchair@bouldercountyaa.com](mailto:intergroupchair@bouldercountyaa.com)

### Volunteer for 12<sup>th</sup>-Step Work

If you'd like to be on call to respond to 12th-Step calls for help, now is the time to get on the volunteer list.

Please provide the following information to your Intergroup Representative or Central Office, or email [12steplist@bouldercountyaa.com](mailto:12steplist@bouldercountyaa.com):

- Name
- Gender
- Sobriety Date
- City
- Phone Number
- OK to text? OK to leave message? OK to meet in person?

It is suggested that you have one year of sobriety to volunteer for this service and read the Intergroup document, "Information for 12<sup>th</sup>-Step Volunteers."

### Answer Phones at Central Office

We're seeking volunteers or groups to cover phones during the following shifts:

- 11 am–1 pm Thursday and Sunday
- 5–7 pm Saturday and Sunday

Please call Central Office at 303-447-8201 to volunteer and arrange training.

### Consider a Donation

Drop by Central Office with supplies they can use: stamps, yellow post-it notes, #10 size mailing envelopes, or beverage supplies (coffee, tea, paper cups, or sugar).

Also, you can now make contributions online. Just click the "Contribute" link on the left side of the home page.

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*Get The Message and stay up to date on all the different ways you can support Alcoholics Anonymous in Boulder County.*

*Subscribe online at: [bouldercountyaa.com](http://bouldercountyaa.com).*

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